



JOURNEY  
KIDS

# A BETTER WAY

40 Days | Journey Kids

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This book belongs to:

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JOURNEY  
KIDS

# Hey Parents,

We are so excited for you and your family to be a part of 40 Days. This book is for your kids to participate through reading Bible verses, doing activities and praying. There is also a section for you to do as a family each week!

*Your Journey Kids Family*

## Check out more fun here!



@journeykidssection

# Dear Friend,

I am so excited that you are going to be a part of 40 Days! Over the next six weeks we will dedicate time to spend with God. As a church, we will be doing five specific things as we get ready for Easter.

1. Participate – Come to Journey Kids every weekend!
2. Read – Spend time each week reading the Bible and the 40 Days Journey Kids devotional.
3. Join – When you are in Journey Kids, bring your devotional and be part of the conversations with your friends and leader.
4. Memorize – Memorize the weekly Bible verse. (When you do we have something special for you!)
5. Sacrifice – Each week give up something to help you focus more on God.

When we sacrifice something, we are simply giving that something up for a while so that we can have more time to focus on God. Some adults give up food for a few days, others give up TV or social media. When we intentionally make more time for God, He always teaches us something amazing! Sacrifice is a great way to grow closer and closer to God. Kids can't always give up the same thing as adults, but there are great ways for you to participate! You might give up TV, video games or sugary treats. Then use the time you would spend doing those things, reading the Bible, praying, or doing this devotional instead.

I am so excited for all that God is going to do through you as you spend time with God!

*Pasta Games Heta*

# 1. PARTICIPATE

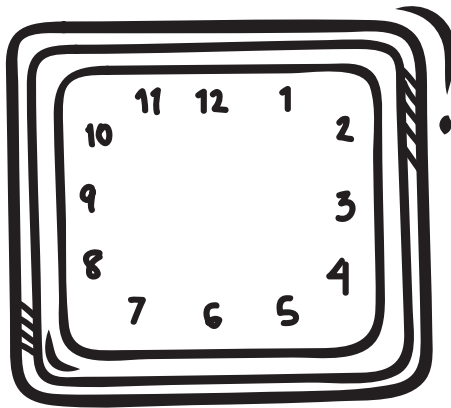
Come to Journey Kids every weekend!

# JOURNEY KIDS

## 2. READ

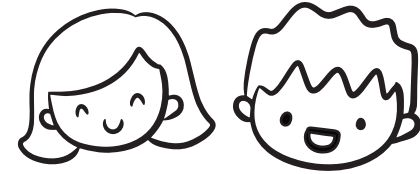
Spend time reading the Bible, praying and doing this devotional.

Use a pencil and fill in the time that you like to read your Bible and pray.



# 3. JOIN

When you are in Journey Kids, bring your devotional and be part of the conversations with your friends and leader.



## 4. MEMORIZE

Memorize the weekly Bible verse.

When you do we have something special for you!

Things that can help you memorize; watch the video from the QR code, write the verse down and put somewhere you can see it every day, practice saying it aloud, color a picture that reminds you of the verse.



## 5. SACRIFICE

Each week, give up something to help you focus more on God. You might give up TV, video games, or sugary treats. Then spend that time you would typically spend doing those things, reading the Bible, praying or doing this devotional instead.



# WEEK ONE

## A BETTER WAY TO LIVE

"I HAVE COME SO THEY MAY HAVE LIFE. I WANT THEM TO HAVE IT IN THE FULLEST POSSIBLE WAY."

JOHN 10:10

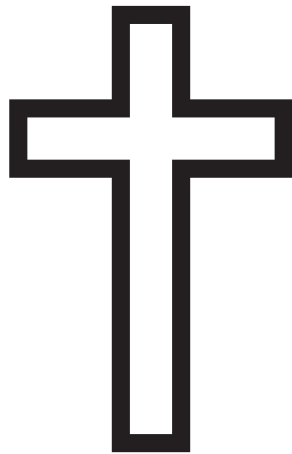
Write down or draw what you are giving up this week.

Watch the video from the link below.



When you come back to Journey Kids and have this verse memorized, we will have something special for you!

**JESUS CAME TO EARTH AND TOOK OUR PLACE ON THE CROSS BECAUSE GOD LOVES US. GOD WANTS TO TAKE CARE OF US, AND HE WANTS TO HELP US IN EVERY PART OF OUR LIFE. THAT DOESN'T MEAN EVERYTHING IN LIFE WILL BE PERFECT, BUT WE WILL HAVE A BETTER LIFE WHEN WE FOLLOW JESUS.**



**COLOR IN THE PLACE BELOW YOU LIKE TO PRAY TO JESUS.**

Home



Church



Nature



**MY FAVORITE PLACE TO PRAY IS**



**WRITE DOWN OR DRAW A PICTURE OF THE PEOPLE AND THINGS YOU CAN PRAY FOR TODAY.**

# AS A FAMILY

1. Make 2 paths or tracks for a toy car to go down (some things you can use are blocks, train tracks, shoes, or pillows). Make one path and add things to block the way or make it hard for the car to get through. Make the other path easy for the car to get through.

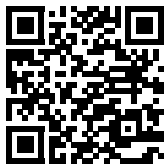
2. Which path was the best way for the car to go?

3. What should we do to follow Jesus? Will it always be easy?

4. Pray together.

Dear God, we know that you are good and want the best for us. We want to follow you each and every day. Give us the courage to do the right thing, even when it isn't easy. Amen.

5. Practice saying the memory verse together.



# WEEK TWO

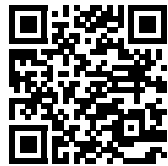
## A BETTER WAY TO LOVE

**Write down or draw what  
you are giving up this week.**

**"I GIVE YOU A NEW COMMAND. LOVE ONE ANOTHER. YOU MUST LOVE ONE ANOTHER, JUST AS I HAVE LOVED YOU. IF YOU LOVE ONE ANOTHER, EVERYONE WILL KNOW YOU ARE MY DISCIPLES."**

**JOHN 13:34-35**

**Watch the video from the link below.**



When you come back to Journey Kids and have this verse memorized, we will have something special for you!

**FILL IN THE LIST BELOW WITH NAMES OF PEOPLE IN EACH CATEGORY THAT YOU CAN BE PRAYING FOR.**

My Family:

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My Friends:

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My School:

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My Church:

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My Neighborhood:

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People Who Don't Know God:

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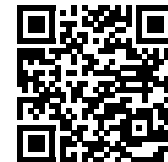
We can make a difference when we spend time praying for others. Pray for those that you listed above. Think about how you can show love or kindness to them this week.



**DRAW A PICTURE OF AN  
ANSWERED PRAYER BELOW.**

## **AS A FAMILY**

1. Read about Jonathan and David's friendship in 1 Samuel 18-20. Check it out in the New International Readers Version (NIRV).
2. How did they show love and care for each other?
3. Jesus was the perfect example of loving others; He showed us that by dying on the cross to save us from our sins. How can you show love to someone or put someone else first this week?
4. Pray together.  
Dear God, thank you for loving us and giving us Jesus. Help us to love one another just as you have loved us. Amen.
5. Practice saying the memory verse together.



# WEEK THREE

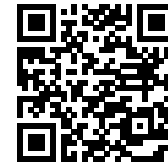
## A BETTER WAY TO GREATNESS

Write down or draw what you  
are giving up this week.

**"AND ANYONE WHO WANTS TO BE FIRST MUST  
BE THE SLAVE TO EVERYONE. EVEN THE SON OF  
MAN DID NOT COME TO BE SERVED. INSTEAD,  
HE CAME TO SERVE OTHERS. HE CAME TO GIVE  
HIS LIFE AS THE PRICE FOR SETTING MANY  
PEOPLE FREE."**

**MARK 10:44-45**

Watch the video from  
the link below.



When you come back to Journey Kids and have this  
verse memorized, we will have something special for you!

**JESUS CAME TO EARTH AND SHOWED PEOPLE HOW MUCH HE LOVED THEM BY SERVING THEM. WE CAN SHOW OTHERS THE LOVE OF GOD BY SERVING THEM TOO. WHEN WE PUT OTHERS BEFORE OURSELVES, WE SHOW THEM THAT THEY ARE SPECIAL AND REMIND THEM HOW MUCH THEY ARE LOVED.**

**Draw a picture of one way you can serve someone.**

**FILL IN THE BLANK**

My friend is crying, I can

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My parents have a lot to do,  
I can help by

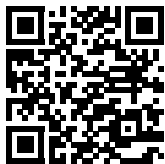
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At school one kid always sits alone,  
I can help them feel loved by

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# AS A FAMILY

1. Together think of a person, another family, or a group of people that might need a little help.
2. What can you do to help make their day better? Maybe you can bake cookies or clean up their yard? Plan a day to stop by and help them.
3. How does it make you feel when you serve others?
4. Pray together.  
Dear God, thank you for loving us and showing us how we can serve one another. Amen.
5. Practice the memory verse together.



# WEEK FOUR

## A BETTER WAY TO BE RICH

**Write down or draw what  
you are giving up this week.**

**"HERE IS SOMETHING TO REMEMBER. THE ONE WHO PLANTS ONLY A LITTLE WILL GATHER ONLY A LITTLE. AND THE ONE WHO PLANTS A LOT WILL GATHER A LOT. EACH OF YOU SHOULD GIVE WHAT YOU HAVE DECIDED IN YOUR HEART TO GIVE. YOU SHOULDN'T GIVE IF YOU DON'T WANT TO. YOU SHOULDN'T GIVE BECAUSE YOU ARE FORCED TO. GOD LOVES A CHEERFUL GIVER."**

**2 CORINTHIANS 9:6-7**

**Watch the video from  
the link below.**



When you come back to Journey Kids and have this verse memorized, we will have something special for you!

**DRAW YOUR FAVORITE GIFT  
YOU'VE EVER BEEN GIVEN.**

# HOW DID THAT GIFT MAKE YOU FEEL?

## LIST A FEW PEOPLE THAT YOU WOULD LIKE TO MAKE FEEL THAT SAME WAY.

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# AS A FAMILY

1. How has God been generous to you and provided for you as a family?
2. Think of one way you can give this week. Here are a few ideas: Donate some of your toys you don't play with anymore, help cook a meal and take it to someone in need, help someone in your house with something they are doing.
3. When you give someone something, how does it make you feel?
4. Pray together.  
Dear God, thank you for all that you have given me and the joy that brings me. I want to be a generous giver like You. Help me be a cheerful giver because I know there's always enough to share, no matter how much I have. Show me what I can give to others. Amen.
5. Practice saying the memory verse together.



# WEEK FIVE

## A BETTER WAY TO BE FREE

Write down or draw what  
you are giving up this week.

**"GET RID OF ALL HARD FEELINGS, ANGER AND RAGE. STOP ALL FIGHTING AND LYING. DON'T HAVE ANYTHING TO DO WITH ANY KIND OF HATRED. BE KIND AND TENDER TO ONE ANOTHER. FORGIVE ONE ANOTHER, JUST AS GOD FORGAVE YOU BECAUSE OF WHAT CHRIST HAS DONE."**

**EPHESIANS 4:31-32**

Watch the video from  
the link below.



When you come back to Journey Kids and have this verse memorized, we will have something special for you!

**FEELINGS CAN GET IN THE WAY OF LIVING FREELY. LIVING FREELY IS LETTING GO OF THE HURT THAT WE FEEL TOWARDS SOMEONE. WE SHOULD BE KIND AND FORGIVE EACH OTHER BECAUSE JESUS FORGAVE US. WHEN WE FEEL HURT. REMEMBER THAT FORGIVENESS HELPS US LIVE FREE.**

**BUILD A TOWER OUT OF BLOCKS OR LEGOS THEN DRAW THAT TOWER ON THIS PAGE.**

**Color the hands that make the heart below.**



This tower is like our relationships, and the blocks are like forgiveness. Forgiveness (the blocks) is what helps your relationship (the tower) stand.



# AS A FAMILY

1. What is living freely?
2. What should we do with the hurt that we feel when someone hurts our feelings?
3. Why should we forgive people who have hurt us?
4. Pray together.  
Dear God, help us to forgive one another. Give us the strength to give you our hurt, even when it isn't easy. Amen.
5. Practice saying the memory verse together.



# WEEK SIX

## A BETTER WAY TO LIVE

**Write down or draw what  
you are giving up this week.**

**"EVEN MORE, I CONSIDER EVERYTHING TO BE NOTHING COMPARED TO KNOWING CHRIST JESUS MY LORD. TO KNOW HIM IS WORTH MUCH MORE THAN ANYTHING ELSE. BECAUSE OF HIM I HAVE LOST EVERYTHING. BUT I CONSIDER ALL OF IT TO BE GARBAGE SO I CAN KNOW CHRIST BETTER."**

**PHILIPPIANS 3:8**

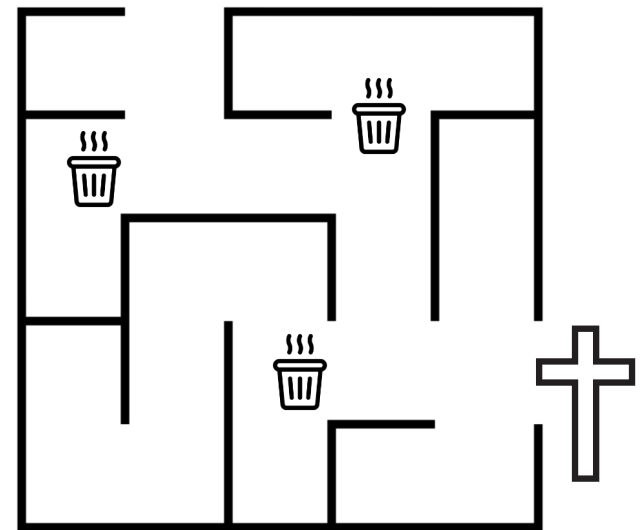
**Watch the video from  
the link below.**



When you come back to Journey Kids and have this verse memorized, we will have something special for you!

In this week's memory verse (Philippians 3:8) Paul says that knowing Jesus is worth more than anything else. Paul says that because he knows Jesus, he considers everything else to be garbage. Sometimes it's not easy to choose Jesus, but He will help us along the way.

Find your way to the cross and be sure to avoid the garbage that is in the way!



**ONCE WE KNOW ABOUT JESUS, WE WANT  
TO INVITE OTHERS TO HEAR ABOUT HIM.**

## **AS A FAMILY**

**COLOR IN WHERE YOU LIKE TO INVITE  
PEOPLE TO CHURCH.**

Neighborhood

School

Playground



Write down the name of one friend you have invited to Easter at church.

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1. Play a few games of hide and seek with your family (rotate who is finding everyone).

2. Who in your family was the best seeker?

3. What are some ways you can seek Jesus more? How can you tell others about Him?

4. Pray together.

Dear God, thank you for being greater than anything else. Help us to remember that even when life is hard, you give us everything we need. Amen.

5. Practice saying the memory verse together.





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[journeyconnect.org/40dayskids](https://journeyconnect.org/40dayskids)