

**TIRED OF
THE HUSTLE**

TIRED OF THE HUSTLE

40 DAYS | JOURNEY KIDS

THIS BOOK BELONGS TO:

JOURNEY
KIDS

HEY PARENTS,

We are so excited for you and your family to be a part of 40 Days. This book is for your kids to participate through reading Bible verses, doing activities and praying. There is also a section for you to do as a family each week!

This year's 40 Days devotional is called "Tired of the Hustle." As parents, we fall into the hustle of things like money, success, and popularity and we lose sight of what really matters. Kids do too. If we are always focused on chasing those things we become distracted from putting God first. We pray this devotional helps your kids keep God first in all things.

Your Journey Kids Family

**TAG US AS YOUR KIDS PARTICIPATE
IN 40 DAYS**



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DEAR FRIEND,

I am so excited that you are going to be a part of 40 Days! Over the next six weeks we will dedicate time to spend with God. As a church, we will be doing five specific things as we get ready for Easter.

- 1. Participate** – Come to Journey Kids every weekend!
- 2. Read** – Spend time each week reading the Bible and this 40 Days Journey Kids devotional.
- 3. Join** – When you are in Journey Kids, bring your devotional and be a part of the conversations with your friends and leader.
- 4. Memorize** – Memorize the weekly Bible verse. (When you do we have something special for you!)
- 5. Sacrifice** – Each week give up something to help you focus more on God.

When we sacrifice something, we are simply giving that something up for a while so that we can have more time to focus on God. Some adults give up food for a few days, others give up TV or social media. When we intentionally make more time for God, He always teaches us something amazing! Sacrifice is a great way to grow closer and closer to God. Kids can't always give up the same thing as adults, but there are great ways for you to participate! You might give up TV, video games or sugary treats. Then use the time you would spend doing those things, reading the Bible, praying, or doing this devotional instead.

I am so excited for all that God is going to do through you as you spend time with Him!

Pastor James

Color each picture as you read the five things.

1. PARTICIPATE

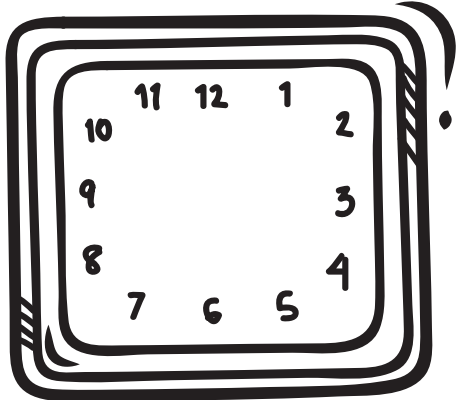
Come to Journey Kids every weekend!



2. READ

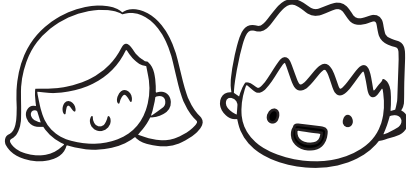
Spend time reading the Bible, praying and doing this devotional!

Use a pencil and fill in the time that you like to read your Bible and pray!



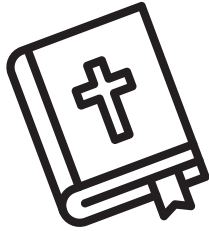
3. JOIN

When you are in Journey Kids, bring your devotional and be a part of the conversations with your friends and leader.



4. MEMORIZE

Memorize the weekly Bible verse. When you do we have something special for you! Things that can help you memorize: watch the video from the QR code, write the verse down and put it somewhere you can see it every day, practice saying it aloud, color a picture that reminds you of the verse.



5. SACRIFICE

Each week, give up something to help you focus more on God. You might give up TV or video games or sugary treats and then spend that time you would typically spend doing those things, reading the Bible, praying or doing this devotional instead.



WEEK ONE

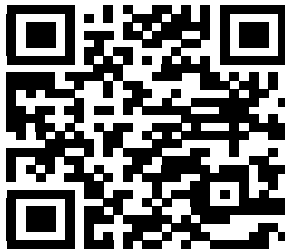
TRYING TO PROVE YOURSELF

WRITE DOWN OR DRAW WHAT YOU ARE
GIVING UP THIS WEEK!

"I HAVE BEEN CRUCIFIED WITH CHRIST. I DON'T LIVE ANY LONGER, BUT CHRIST LIVES IN ME. NOW I LIVE MY LIFE IN MY BODY BY FAITH IN THE SON OF GOD. HE LOVED ME AND GAVE HIMSELF FOR ME." GALATIANS 2:20 NIRV

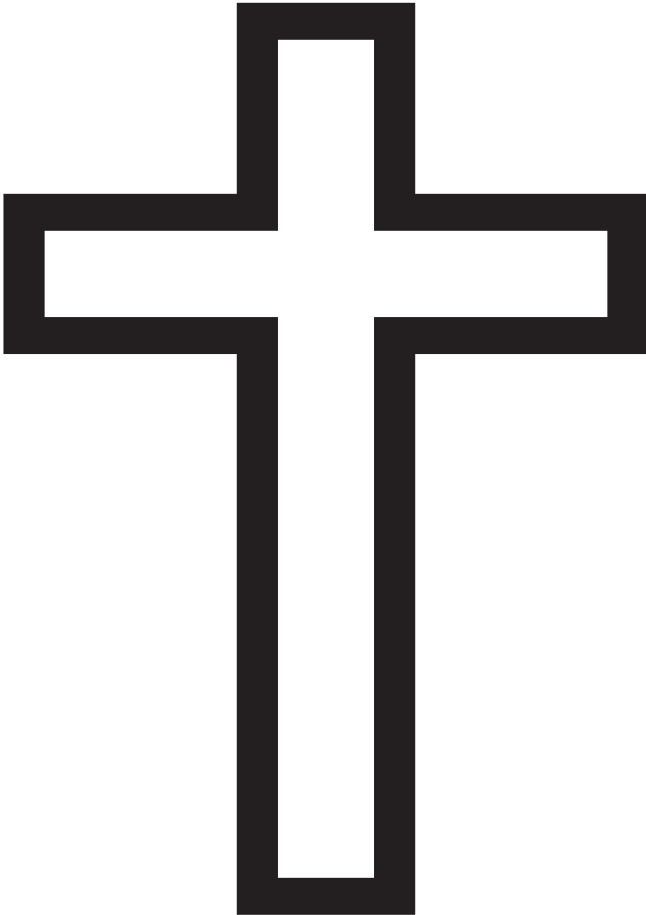
Write this verse down in your own words and go over it with your family.

WATCH THE VIDEO FROM THE LINK BELOW!



When you come back to Journey Kids and have this verse memorized we have something special for you!

JESUS CAME TO EARTH AND TOOK OUR PLACE ON THE
CROSS BECAUSE GOD LOVES US. WHEN WE PUT OUR
FAITH IN GOD WE CAN TRUST HIM AND LET HIM GUIDE
US EVERY DAY. GOD HELPS US MAKE GOOD CHOICES AND
FILLS US WITH LOVE. WE AREN'T PERFECT AND WILL
MESS UP SOMETIMES, BUT GOD IS PERFECT AND WE CAN
TRUST THAT HE LOVES US NO MATTER WHAT.
COLOR THE CROSS BELOW.



COLOR IN THE PLACE BELOW YOU
LIKE TO PRAY TO JESUS.

Home



Church



Nature



MY FAVORITE PLACE TO PRAY IS

WRITE DOWN OR DRAW A PICTURE OF THE
PEOPLE AND THINGS YOU CAN PRAY FOR TODAY.

AS A FAMILY

1. Play a game of Follow the Leader and let everyone have a chance to be the leader.

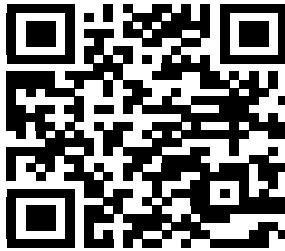
2. When you played Follow the Leader, did you like to lead or follow? What can you do to follow Jesus?

3. Talk about a time when each of you tried to prove yourself. When we follow Jesus, we don't have to try to prove ourselves because our identity isn't based on ourselves but on who Jesus is.

4. Pray together.

Dear God, help us to follow you more closely. Give us the courage to do the right thing, even when it isn't easy. Amen.

5. Practice saying the memory verse together.



TAG US AS YOUR KIDS PARTICIPATE
IN 40 DAYS



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WEEK TWO

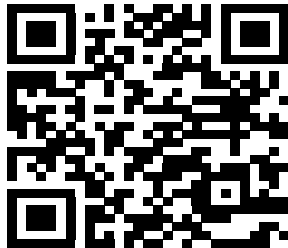
WANTING MORE

WRITE DOWN OR DRAW WHAT YOU ARE
GIVING UP THIS WEEK!

"GOD DID NOT KEEP BACK HIS OWN SON, BUT HE GAVE HIM UP FOR US. IF GOD DID THIS, WON'T HE FREELY GIVE US EVERYTHING ELSE?" ROMANS 8:32 CEV

Write this verse down in your own words and go over it with your family.

WATCH THE VIDEO FROM THE LINK BELOW!



When you come back to Journey Kids and have this verse memorized we have something special for you!

PRETEND YOUR BIRTHDAY IS NEXT WEEK. WHAT 3 GIFTS WOULD YOU WANT? WRITE OR DRAW THEM BELOW.

THOSE THINGS WOULD BE AMAZING TO GET AS GIFTS, BUT THERE WILL ALWAYS BE MORE THINGS WE WOULD WANT. GOD GAVE HIS SON, JESUS, AS A GIFT TO THE WORLD, AND BECAUSE OF THAT, HE WANTS TO GIVE US SO MANY GOOD THINGS. LIST 3 THINGS GOD GIVES US.

1. _____

2. _____

3. _____

WE WILL ALWAYS BE LOVED, CARED FOR, FORGIVEN, AND HEARD BY GOD. JESUS IS ALWAYS ENOUGH.

THIS OR THAT:
CIRCLE A WORD FROM THE "THIS"
COLUMN OR THE "THAT" COLUMN.

THIS

CANDY

JESUS' LOVE

NEW TOY

FOOD

THAT

FAMILY

TV TIME

FRIENDS

BIGGER HOUSE

SOMETIMES CHASING "MORE" THINGS LIKE CANDY, TV
TIME, NEW TOYS, OR A BIGGER HOUSE CAN FEEL HEAVY
AND TIRING, BUT TRUSTING IN JESUS AND BEING
THANKFUL FOR THINGS LIKE OUR FAMILY, JESUS' LOVE,
OUR FRIENDS, AND FOOD BRINGS US PEACE AND JOY.

AS A FAMILY

1. Do you ever feel like you want more, even when you already have a lot? Why do you think that happens?

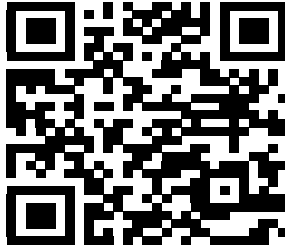
2. What are some ways Jesus takes care of us and gives us joy?

3. If Jesus is the greatest gift, what do you think matters most to Him: What we have or how we live?

4. Pray together.

Dear God, thank you for loving us so much and for giving us everything we need. Please help us trust You to give us what we really need, even when we feel like we want more. Amen.

5. Practice saying the memory verse together.



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WEEK THREE

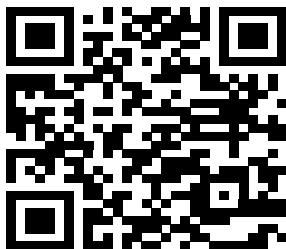
WANTING TO BE THE BEST

WRITE DOWN OR DRAW WHAT YOU ARE
GIVING UP THIS WEEK!

*"NOTHING IS AS WONDERFUL AS KNOWING CHRIST JESUS
MY LORD. I HAVE GIVEN UP EVERYTHING ELSE AND COUNT
IT ALL AS GARBAGE. ALL I WANT IS CHRIST"
PHILIPPIANS 3:8 CEV*

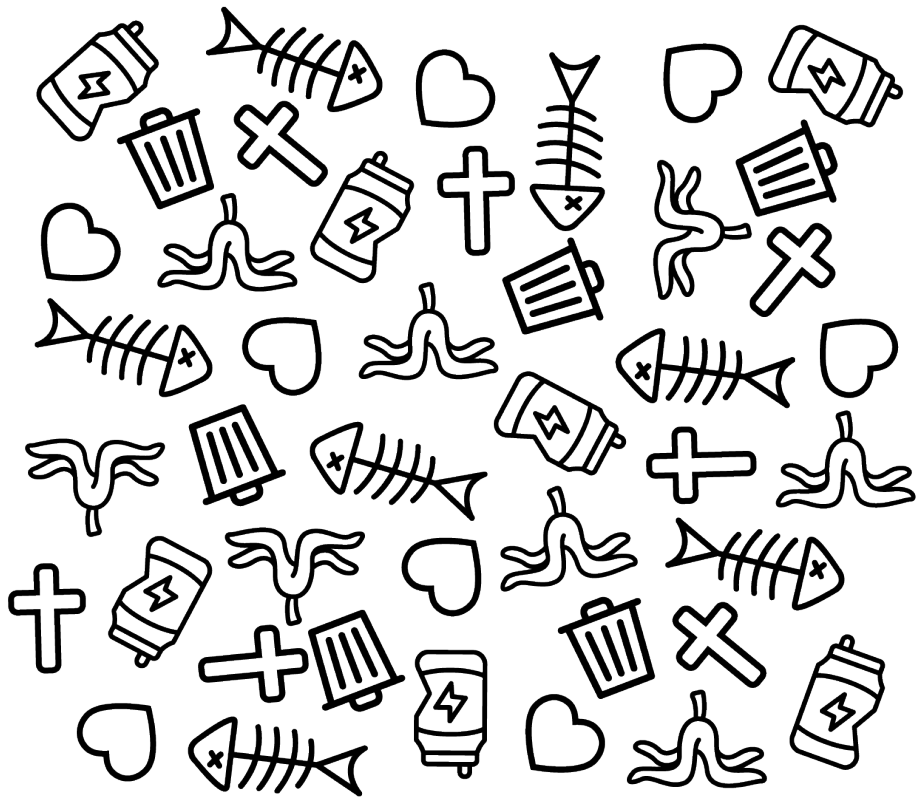
**Write this verse down in your own words and go over it
with your family.**

WATCH THE VIDEO FROM THE LINK BELOW!



When you come back to Journey Kids and have this
verse memorized we have something special for you!

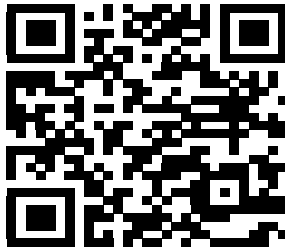
PAUL IS SAYING THAT NOTHING WE CAN HAVE OR DO COMPARES TO KNOWING JESUS. BECAUSE PAUL KNOWS JESUS, HE COUNTS EVERYTHING AS GARBAGE. IT'S NOT ALWAYS EASY TO CHOOSE, BUT WE CAN ASK HIM TO HELP LEAD US. LOOK CAREFULLY AT THE PICTURE TO FIND ALL THE HIDDEN CROSSES. WHEN YOU FIND THEM, COLOR THEM IN!



WHEN WE KNOW GOD AND EXPERIENCE
HIS LOVE WE WANT OTHERS TO AS
WELL. PRAY THROUGH AND WRITE
DOWN THE NAMES OF FRIENDS YOU
ARE GOING TO INVITE TO EASTER AT
JOURNEY KIDS.

AS A FAMILY

1. Read the story of Mary and Martha together as a family, go to Luke 10:38-42. Check it out in the New International Readers Version.
2. Mary sat at Jesus' feet while Martha was working to make everything perfect for Jesus. How can you put God first this week?
3. What are some things you enjoy doing? What things can you ask God to be a part of?
4. Pray together.
Dear God, thank you for loving me and sending Jesus to be our Savior. Help me put you first this week. Amen.
5. Practice saying the memory verse together.



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WEEK FOUR

TRYING TO BE HAPPY

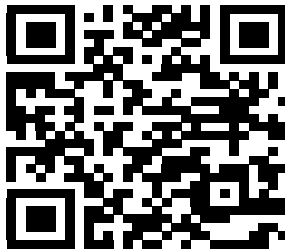
WRITE DOWN OR DRAW WHAT YOU ARE
GIVING UP THIS WEEK!

"YOU ALWAYS SHOW ME THE PATH OF LIFE. YOU WILL FILL ME WITH JOY WHEN I AM WITH YOU. YOU WILL MAKE ME HAPPY FOREVER AT YOUR RIGHT HAND."

PSALM 16:11 NIRV

Write this verse down in your own words and go over it with your family.

WATCH THE VIDEO FROM THE LINK BELOW!



When you come back to Journey Kids and have this verse memorized we have something special for you!

JOY IS A FEELING OF DEEP HAPPINESS AND EXCITEMENT. IT'S A FEELING THAT MAKES YOU SMILE BIG AND FEEL REALLY GOOD INSIDE, EVEN WHEN THINGS AREN'T PERFECT. WHEN YOU SPEND TIME WITH GOD, HE FILLS YOUR HEART WITH JOY. THAT JOY ALLOWS YOU TO SEE BEAUTY IN EVERYTHING YOU DO. YOU CAN FIND JOY IN LITTLE THINGS LIKE PLAYING WITH A PET, WATCHING A BEAUTIFUL SUNSET, OR HELPING SOMEONE OUT. COLOR THE WORD BELOW.

JOY

WRITE DOWN IN YOUR OWN WORDS
WHAT JOY MEANS TO YOU.

NAME THREE THINGS THAT
BRING YOU JOY.

1. _____

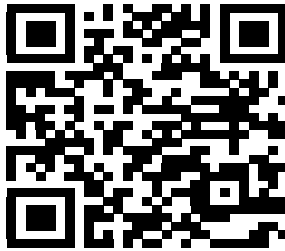
2. _____

3. _____

DRAW A PICTURE OF ONE OF THE
THINGS YOU WROTE DOWN.

AS A FAMILY

1. Go for a walk together and play I Spy. Pick things you see that make you happy. After, share about why you chose those things.
2. What is your favorite way to spend time with God?
3. When you are having a hard time, what are some things you can do to feel joy?
4. Pray together.
Dear God, thank you for the joy that you give me. Open my eyes to see all the wonderful things around me and keep filling me with joy every day. Amen.
5. Practice saying the memory verse together.



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WEEK FIVE

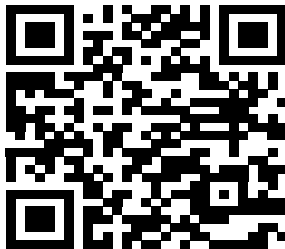
WANTING TO BE LIKED

WRITE DOWN OR DRAW WHAT YOU ARE
GIVING UP THIS WEEK!

*"HERE IS WHAT LOVE IS. IT IS NOT THAT WE LOVED GOD.
IT IS THAT HE LOVED US AND SENT HIS SON TO GIVE HIS
LIFE TO PAY FOR OUR SINS." 1 JOHN 4:10 NIRV*

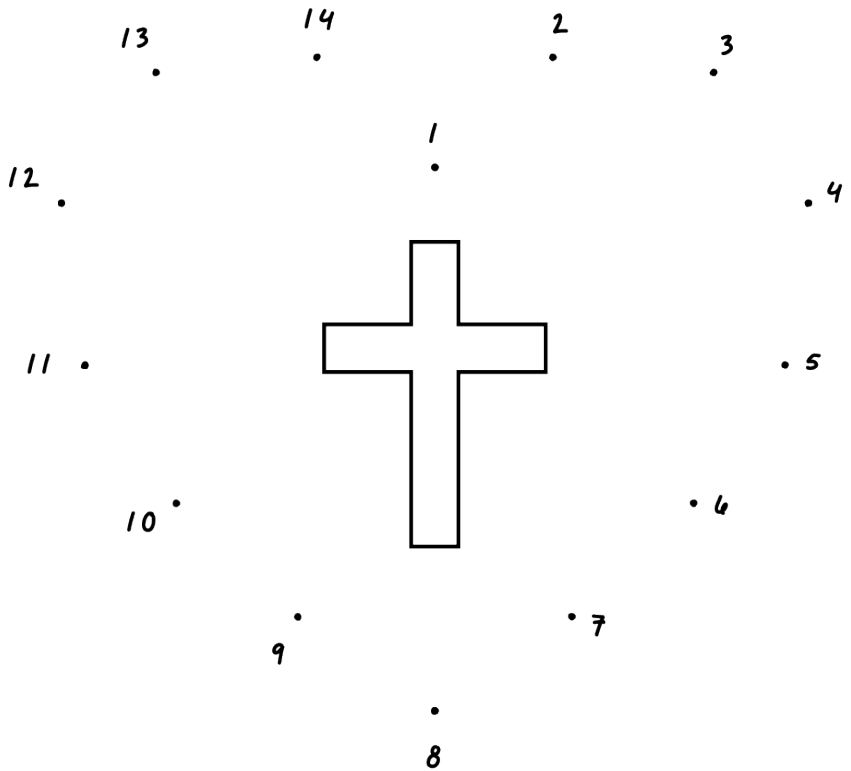
**Write this verse down in your own words and go over it
with your family.**

WATCH THE VIDEO FROM THE LINK BELOW!



When you come back to Journey Kids and have this
verse memorized we have something special for you!

THIS WEEK'S VERSE TELLS US THAT GOD
LOVES US SO MUCH. WE DON'T HAVE TO
WORRY ABOUT WHAT OTHER PEOPLE
THINK OF US, BECAUSE WE ARE MADE
BY GOD. GOD SAYS THAT YOU ARE LOVED,
CHOSEN, AND PART OF HIS FAMILY. USE
THE SPACE BELOW TO WRITE OR DRAW
HOW BEING LOVED BY GOD MAKES YOU
FEEL.



GOD LOVES US SO MUCH THAT HE SENT HIS SON, JESUS, TO TAKE AWAY ALL OF THE WRONG THINGS WE'VE DONE.

AS A FAMILY

1. Have each person in your family share one thing that God loves about them.

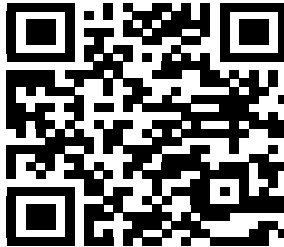
2. God loves us before we ever chose to love Him. How does this kind of love make you feel?

3. Talk about a time when you have tried to make other people like you. When you know that you are loved by God, you don't have to worry about what other people think of you.

4. Pray together.

Dear God, thank you for loving us first and sending Jesus for us. Help us to remember that we don't have to look for approval from others. We can trust in what you say about us. Amen.

5. Practice saying the memory verse together.



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WEEK SIX

TRYING TO BE PERFECT

WRITE DOWN OR DRAW WHAT YOU ARE
GIVING UP THIS WEEK!

*"GOD'S GRACE HAS SAVED YOU BECAUSE OF YOUR FAITH
IN CHRIST. YOUR SALVATION DOESN'T COME FROM
ANYTHING YOU DO. IT IS GOD'S GIFT."
EPHESIANS 2:8 NIRV*

**Write this verse down in your own words and go over it
with your family.**

WATCH THE VIDEO FROM THE LINK BELOW!



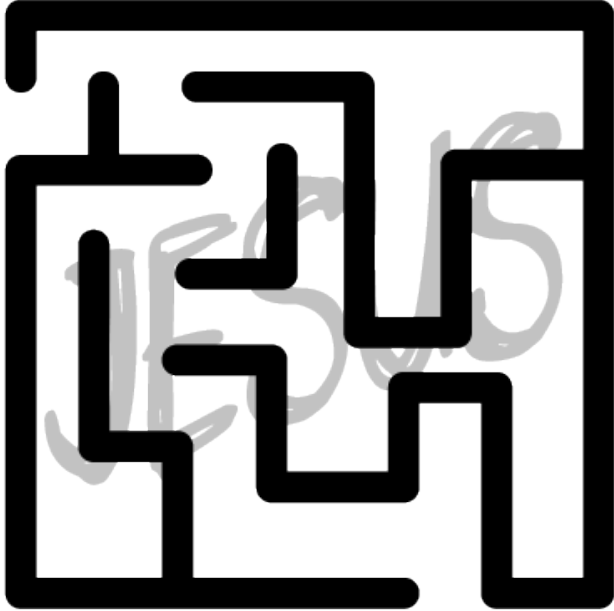
When you come back to Journey Kids and have this
verse memorized we have something special for you!

DRAW OR WRITE DOWN WHAT
SOME OF THE BEST GIFTS YOU
HAVE EVER RECEIVED.

FAITH IS WHEN WE PUT OUR TRUST AND BELIEF IN
SOMETHING OR SOMEONE. WHEN YOU DECIDE TO PUT
YOUR FAITH IN JESUS, YOU GET SOMETHING CALLED
SALVATION. SALVATION MEANS BEING SAVED FROM
THE CONSEQUENCES OF OUR WRONG CHOICES. IT ALSO
MEANS THAT ONE DAY WE WILL LIVE FOREVER IN
HEAVEN WITH GOD. JESUS GAVE US THIS GIFT WHEN
HE DIED ON THE CROSS FOR US, SO WE CAN TRUST
AND BELIEVE IN HIM!

FIND THE PATH TO SALVATION.

START HERE >



SALVATION

DID YOU REALIZE THAT THE ONLY WAY THROUGH THE MAZE WAS THROUGH JESUS? THIS IS THE EXACT SAME WITH OUR OWN SALVATION!

AS A FAMILY

1. Have each person name something that you have worked hard to receive. For example, this could be an allowance, a new toy, or a yummy treat.

2. What did you have to give up to get that thing?

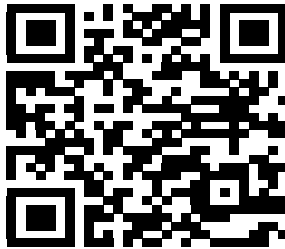
3. How would you feel if you were given that thing for free?

When it comes to salvation, this is something that we never could earn for ourselves. When we put our faith in Jesus, we are given salvation as a gift. This is NEVER something we could earn on our own.

4. Pray together.

Dear God, thank you for your gift of salvation through Jesus. This is something we can only have through faith in you and nothing else. Help us remember this truth. Amen.

5. Practice saying the memory verse together.



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IN 40 DAYS



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